**Liquid Rhinoplasty**

If you are self conscious about your nose, surgery is not the only option available to you. Liquid rhinoplasty using dermal fillers is a treatment performed in our practice to give patients correction with results that can last up to 1 year. By using a hyaluronic acid based filler, we can reduce the hump, shape the nose, contour and smooth areas of the nose with just the use of filler. No surgery, no cutting.

**Downtime:**

Just like any filler, you may experience swelling and bruising related to a liquid rhinoplasty. You want to avoid any pressure on the areas treated as the product is malleable for up to 1 week. Be cautious when wearing glasses or sunglasses that sit on the bridge of the nose if that is an area of correction. You may ice the area gently for the first 24 hours to help reduce swelling.

Multiple treatments may be required to achieve your desired results. Upon completion of your first treatment, we ask to see you back 2-3 weeks after to assess the areas treated once swelling has subsided. At that time, a touch up may be done to complete your treatment. Patients are often seen every 9-12 months for touch ups to maintain their results.

As with any injectable treatment, there is always a risk and it is important to see a licensed professional and follow the pre and post care instructions to avoid any complications.

**Lip Augmenting and Shaping**

Lip enhancements are not just about increasing the size of the lips. As we age, we lose hyaluronic acid, which can increase the appearance of fine lines and wrinkles around the mouth and decrease the volume of our lips. At Cupertino Dental and Facial Esthetics, lip augmenting and shaping is one of our most popular procedures as it is one of our anti-aging treatments. What we call “smoker’s lines” even for patients who do not smoke, can be hereditary and cause patients to appear older than they are. With the use of dermal fillers such as Juvederm® or Restylane®, we are able to smooth the fine lines and wrinkles, add shape and volume as desired to achieve a more youthful pout.

In addition to turning back the hands of time with lip shaping and augmenting, we can also add volume and lift the lips for a fuller pout. We can shape the border and cupids bow for a more defined lip and fill the body to create fullness and volume.

**TMJ Relief**

If you grind your teeth, have pain in your jaw, migraines, or feel clicking when opening your mouth, you may have TMJ (Temporomandibular joint dysfunction) disorder. At Cupertino Dental and Facial Esthetics, TMJ treatment is something we treat patients for daily. Accredited Cosmetic Dentist, Dr. Sage and our Medical Esthetics team work together to assess the patient and offer the most effective treatment for each patient. While each patient’s pain and treatment plan may differ, it may often
consist of a Botox®/Dysport® injection to relax the muscle, which will give relief to the patient, as well as a night guard for patients to wear in the evening, or even bite adjustments. For more extreme cases of TMJ disorder, our in-house Board Certified Oral Maxillofacial Surgeon will assess the patient to provide treatment options for relief.

Gummy Smile Treatment

A gummy smile is referred to when a smile shows excessive amount of gum or the turn up of the upper lip. Various treatments can correct this such as Botox®/Dysport® injections to relax the muscle that raises the upper lip excessively, laser gum contouring, which will raise the gum-line exposing more of your natural tooth, or even lip filler.

Botox®/Dysport® for Gummy Smile

By injecting a small dose of Botox®/Dysport® we can relax the muscle that creates the pull of the upper lip which exposes our gums when smiling. Results will be effective 2-10 days after your treatment and the results can last 2-4 months. There is no downtime associated with this procedure. You may be red at the injection sites for up to 30 minutes after your treatment, but that will subside and you can resume normal activities.

Laser Gum Contouring

With the use of a soft tissue laser, we are able to contour and lift the gumline to expose less of your gums when smiling. Often times, a patient with a gummy smile, may also appear to have “smaller teeth” which can be corrected with a laser gum treatment. This procedure is done by our Accredited Cosmetic Dentist, Dr. Sage, in our office with local anesthetic to the area being treated. Esthetically, Dr. Sage will measure the appropriate Results will show immediately, however, swelling of the gums and some mild discomfort following the treatment may be present. We ask to have you come back 1-2 weeks following your treatment for a follow up, to ensure the gums are healing properly and you are satisfied with your results.

Lip Filler

In some cases of a gummy smile, a patient may just require some lip filler to add volume to the upper lip and help accentuate the natural shape which will expose less of the gumline. Juvederm® or Restylane® may be used to give a natural result. This treatment can also be combined with a Botox®/Dyspor®t or Laser Gum treatment to enhance results.